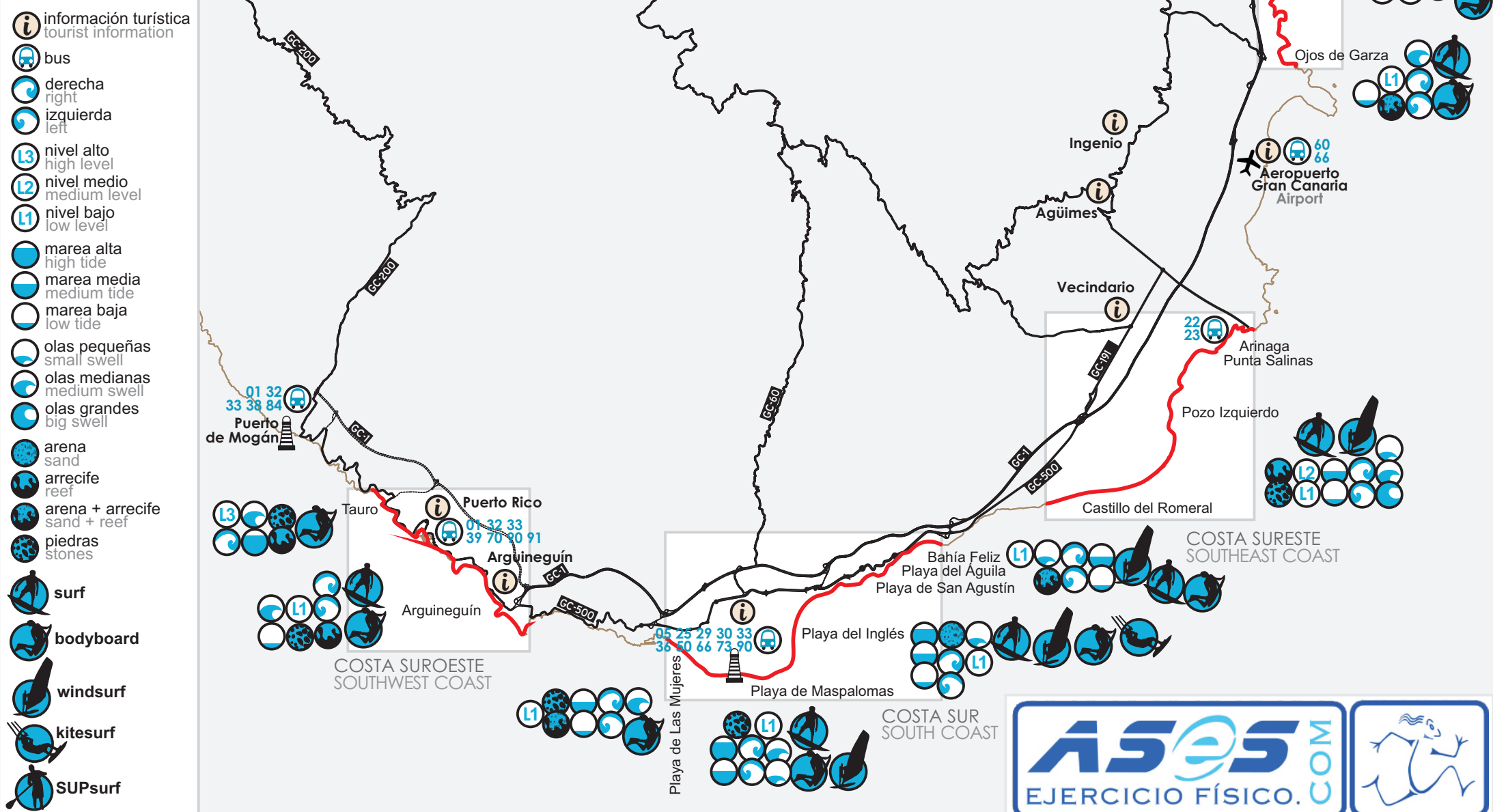


[illegible]

enero · january .13			febrero · february .13		
BAJA ALTA LOW HIGH			BAJA ALTA LOW HIGH		
17	11.06	17.21	01	10.23	16.36
18	11.56	18.15	02	11.11	17.26
19	12.57	06.40	03	12.11	18.31
20	14.14	07.56	04	13.28	07.11
21	15.32	09.17	05	14.57	08.43
22	16.34	10.23	06	16.14	10.04
23	17.20	11.14	07	17.14	11.09
24	17.57	11.54	08	18.03	12.02
25	06.25	12.30	09	06.35	12.30
26	06.57	13.03	10	07.16	13.48
27	07.27	13.35	11	07.55	14.09
28	07.58	14.07	12	08.32	14.46
29	08.30	14.41	13	09.08	15.23
30	09.05	15.16	14	09.43	15.59
31	09.41	15.54	15	10.20	16.36
			16	11.00	17.19
marzo · march .13			abril · april .13		
BAJA ALTA LOW HIGH			BAJA ALTA LOW HIGH		
17	12.20	18.46	01	12.27	18.50
18	13.37	07.39	02	13.43	07.45
19	15.06	09.07	03	15.04	09.09
20	16.20	10.18	04	16.17	10.17
21	17.14	11.11	05	17.17	11.15
22	17.59	11.55	06	18.06	12.03
23	18.39	12.35	07	18.48	12.44
24	06.59	13.13	08	07.04	13.21
25	07.37	13.53	09	07.37	13.56
26	08.16	14.33	10	08.09	14.29
27	08.57	15.15	11	08.41	15.02
28	09.40	16.01	12	09.13	15.35
29	10.28	16.50	13	09.46	16.09
30	11.23	17.45	14	10.22	16.45
			15	11.03	17.25
			16	11.51	18.14
mayo · may .13			junio · june .13		
BAJA ALTA LOW HIGH			BAJA ALTA LOW HIGH		
17	12.51	06.55	01	12.57	07.01
18	14.04	08.07	02	13.43	08.14
19	15.08	09.19	03	14.43	09.26
20	16.23	10.20	04	15.48	10.36
21	17.17	11.12	05	16.58	11.44
22	18.07	11.59	06	17.63	12.51
23	18.53	12.44	07	18.48	13.53
24	07.12	13.29	08	19.42	14.59
25	07.56	14.15	09	20.42	15.50
26	08.41	15.02	10	21.47	16.50
27	09.28	16.51	11	22.57	17.50
28	10.18	17.44	12	23.72	18.50
29	11.12	17.34	13	24.52	19.46
30	12.11	18.33	14	25.57	20.46
31	13.16	07.20	15	26.57	21.46
			16	27.52	22.46





El mar anda empeñado, en que todos nos subamos a una tabla. Al menos una vez en la vida, para probar. El océano entero parece haberse conjurado para que cada vez más gente se sume en la isla, y especialmente en la ciudad de **Las Palmas de Gran Canaria**, a la práctica del **surf**, el **bodyboard**, el **windsurf**, el **kitesurf** y el **SUPsurf**. Y es por eso que no dejan de llegar buenas olas. The sea has determined that we should all get onto surfboards. At least once in our lives, to try it out. The entire ocean seems to have conspired that more and more people should gather on the island, and specially in the city of **Las Palmas de Gran Canaria**, to practice **surfing**, **bodyboarding**, **windsurfing**, **kitesurfing** and **SUPsurfing**. And for that reason, good waves do not let up coming.

Zona Guanarteme Guanarteme Area

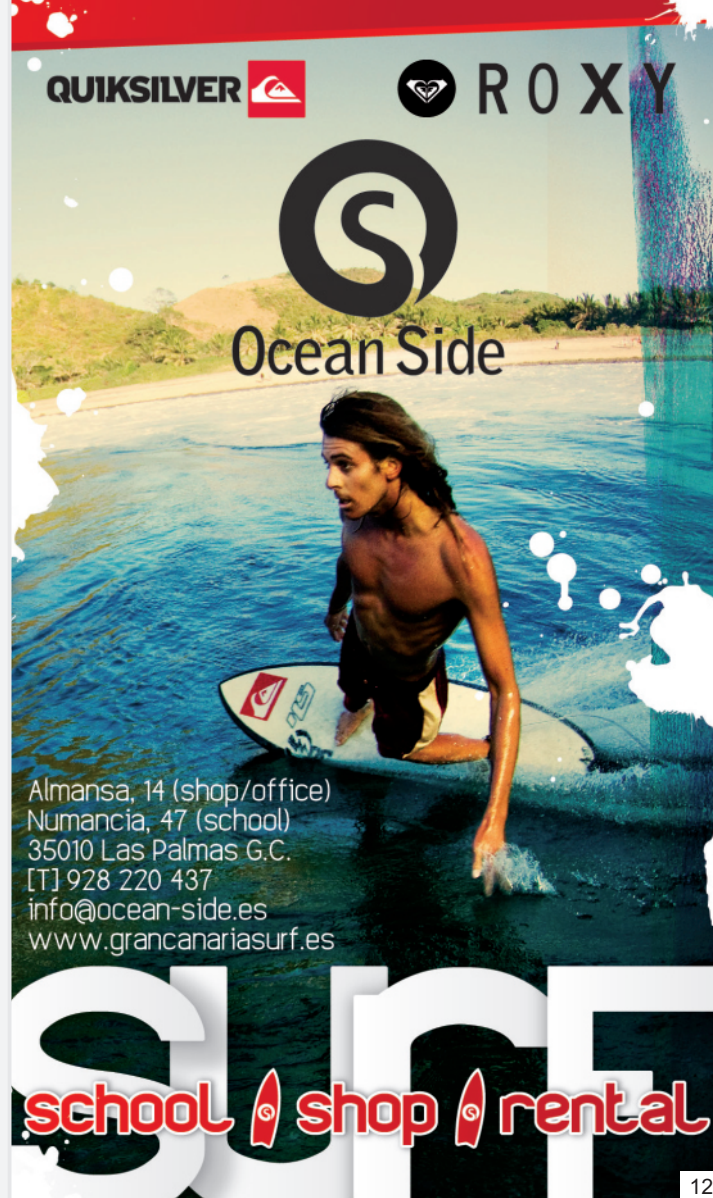
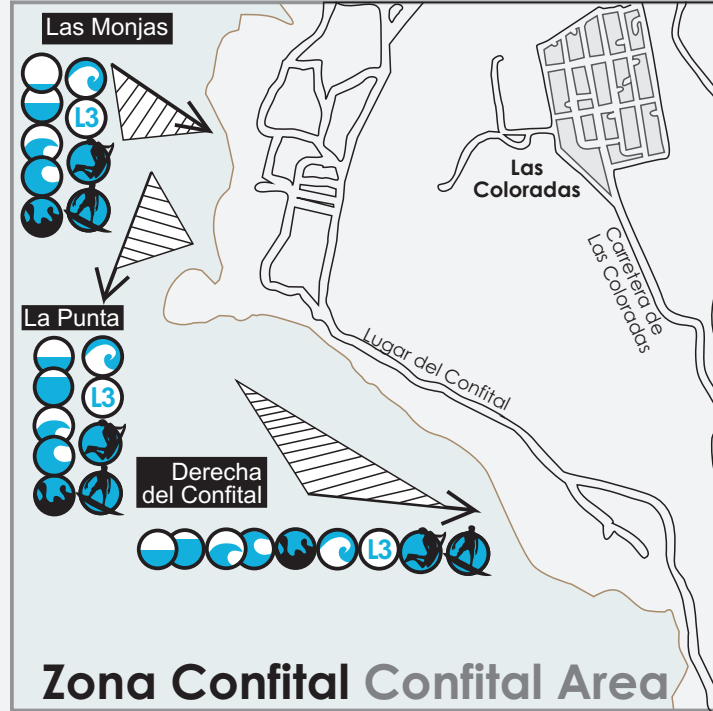
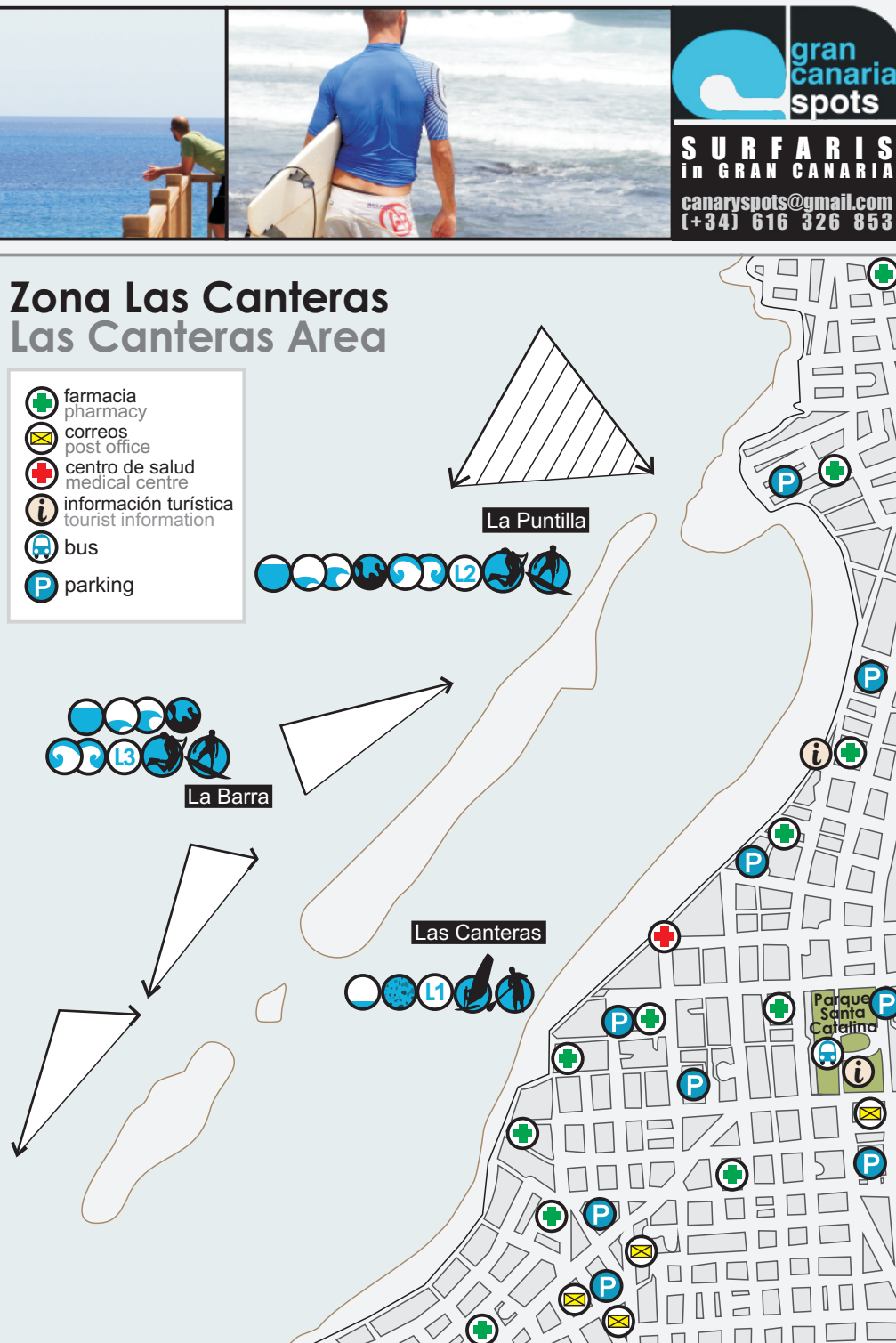
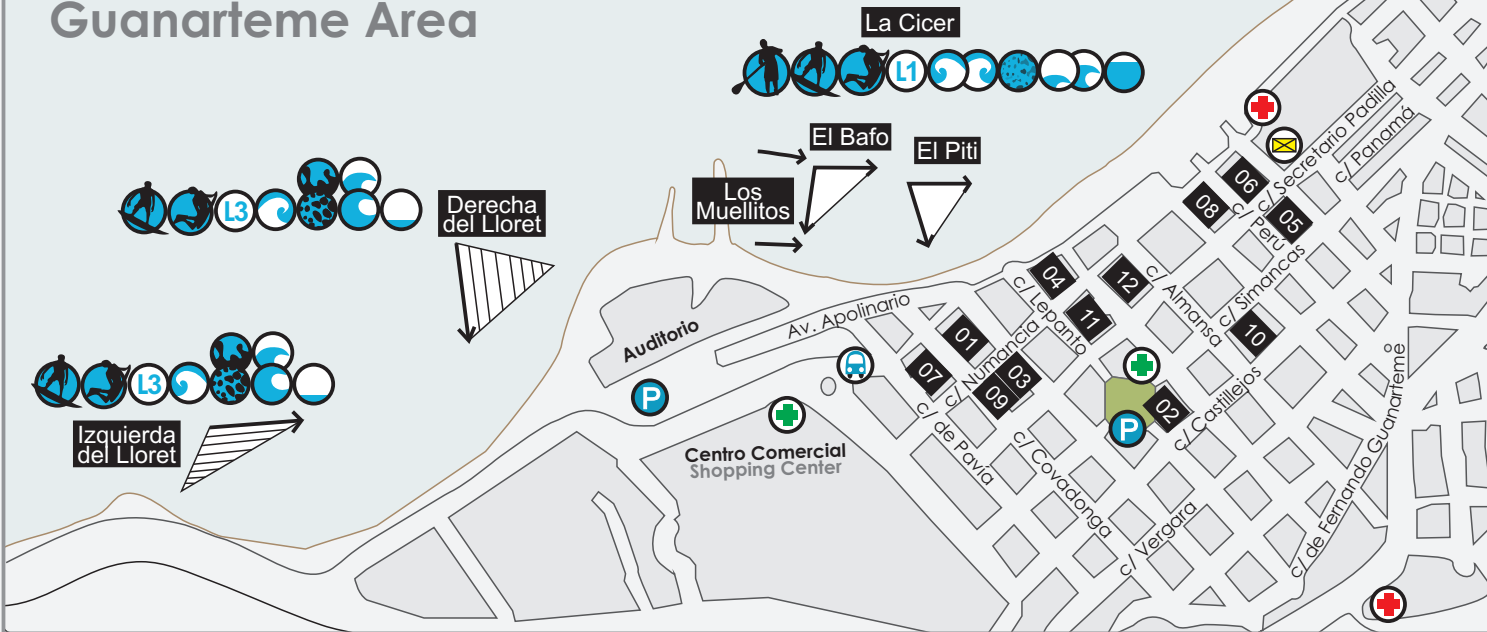


tabla de mareas : tide table LAS PALMAS DE GRAN CANARIA 2013

junio · june		julio · july		agosto · august	
BAJA	ALTA	BAJA	ALTA	BAJA	ALTA
LOW	HIGH	LOW	HIGH	LOW	HIGH
14.28 08.30	17.14.22 08.22	01 14.56 08.53	17 14.53 08.45	01 16.51 10.30	17 17.18 10.53
15.40 09.39	18 15.33 09.29	02 16.10 10.00	18 16.13 09.59	02 17.51 11.30	18 18.17 11.55
03 16.45 10.40	19 16.40 10.31	03 17.16 11.02	19 17.24 11.06	03 18.35 12.17	19 19.06 12.47
04 17.40 11.33	20 17.40 11.28	04 18.09 11.54	20 18.25 12.06	04 19.11 12.56	20 19.50 13.34
05 18.27 12.18	21 18.35 12.21	05 18.53 12.38	21 19.17 12.59	05 19.43 13.30	21 07.59 14.17
06 19.08 12.58	22 19.26 13.12	06 19.30 13.16	22 07.30 13.48	06 07.44 14.02	22 08.40 14.59
07 07.15 13.35	23 07.41 14.01	07 07.31 13.51	23 08.16 14.35	07 08.15 14.34	23 09.19 15.40
08 07.48 14.10	24 08.29 14.50	08 08.04 14.24	24 09.00 15.21	08 08.47 15.05	24 09.59 16.19
09 08.21 14.43	25 09.16 15.38	09 08.36 14.57	25 09.44 16.06	09 09.19 15.38	25 10.38 16.59
10 08.54 15.16	26 10.04 16.26	10 09.09 15.29	26 10.27 16.50	10 09.53 16.12	26 11.21 17.39
11 09.28 15.50	27 10.53 17.16	11 09.42 16.03	27 11.12 17.34	11 10.30 16.49	27 12.11 18.27
12 10.03 16.25	28 11.45 18.07	12 10.18 16.38	28 12.00 18.21	12 11.11 17.30	28 13.18 19.32
13 10.41 17.03	29 12.41 19.02	13 10.56 17.16	29 12.57 19.16	13 12.00 18.20	29 14.49 08.24
14 11.24 17.45	30 13.44 07.46	14 11.40 17.59	30 14.08 08.01	14 13.04 19.26	30 16.20 09.51
15 12.14 18.34		15 12.32 18.51	31 15.32 09.15	15 14.29 08.14	31 17.25 11.01
16 13.13 19.33		16 13.36 19.57		16 16.01 09.38	

septiembre · september		octubre · october		noviembre · november	
BAJA	ALTA	BAJA	ALTA	BAJA	ALTA
LOW	HIGH	LOW	HIGH	LOW	HIGH
01 18.10 11.50	17 18.51 12.32	01 18.11 11.54	17 19.08 12.56	01 17.42 11.32	17 06.42 12.53
02 18.45 12.29	18 19.30 13.15	02 18.43 12.30	18 07.21 13.35	02 18.17 12.09	18 07.17 13.28
03 19.16 13.03	19 07.40 13.56	03 19.14 13.04	19 07.57 14.12	03 18.54 12.48	19 07.52 14.03
04 19.45 13.35	20 08.18 14.35	04 07.23 13.37	20 08.33 14.48	04 07.13 13.29	20 08.27 14.37
05 07.50 14.06	21 08.55 15.13	05 07.57 14.12	21 09.08 15.23	05 07.55 14.12	21 09.03 15.12
06 08.22 14.39	22 09.31 15.49	06 08.32 14.48	22 09.44 15.57	06 08.40 14.58	22 09.41 15.49
07 08.54 15.12	23 10.08 16.25	07 09.09 15.27	23 10.21 16.33	07 09.30 15.49	23 10.25 16.32
08 09.29 15.47	24 10.47 17.02	08 09.49 16.08	24 11.03 17.12	08 10.28 16.48	24 11.19 17.26
09 10.06 16.25	25 11.32 17.44	09 10.35 16.55	25 11.55 18.02	09 11.40 18.00	25 12.25 18.38
10 10.49 17.08	26 12.32 18.41	10 11.31 17.51	26 13.06 19.14	10 13.01 06.27	26 13.38 07.06
11 11.39 18.00	27 13.59 07.27	11 12.44 19.07	27 13.31 06.54	11 14.22 07.47	27 14.45 08.20
12 12.48 19.11	28 15.34 08.59	12 14.17 07.43	28 14.48 08.17	12 15.31 09.21	28 15.41 09.22
13 14.21 07.55	29 16.45 10.17	13 15.46 09.11	29 15.45 09.22	13 16.25 10.02	29 16.29 10.14
14 15.57 09.25	30 17.34 11.13	14 16.56 10.26	30 16.29 10.12	14 17.09 10.53	30 17.12 11.01
15 17.11 10.43		15 17.48 11.25	31 17.07 10.53	15 17.47 11.36	
16 18.06 11.42		16 18.31 12.13		16 18.21 12.16	